Executive summary of Joint Working Outputs

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Project title	Improving Asthma Outcomes in Leeds through SABA reduction and MART Implementation
Duration	February 2023 – February 2024
Project partners	NHS West Yorkshire Integrated Care Board (ICB in Leeds)
What was the issue to be addressed?	Improve Adult Asthma Outcomes in Leeds by reducing over reliance on short acting beta agonists (SABA) and, where appropriate, increased use of Maintenance and Reliever Therapy (MART). • Involve pharmacist-led reviews with adults with a diagnosis of asthma, who remain uncontrolled. • May result in use of MART regimens, in appropriate patients, for treating asthma and a reduction in the use of SABA inhalers. • Implement a PCN and/or practice asthma education programme, to provide an update on asthma management including optimisation of inhaled corticosteroid (ICS) use and inhaler technique. • Aim to improve asthma control and reduce asthma attacks, as measured through the use of oral corticosteroid courses.
What were the results?	811 patients reviewed over a 12 month period across 20 practices