



Executive summary outputs of Nurse-led clinics for Heart Failure with Preserved Ejection Fraction (HFpEF)

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Project title	Croydon University Hospital HFpEF Review Service Creation
Duration	November 2024 to July 2026
Project partners	Croydon Health Services NHS Trust and AstraZeneca UK
What issue did the project address?	The project aimed to drive proactive identification and implementation for patients with HFpEF with a structured review, which will improve outcomes and the quality of care delivered to patients in the catchment area of Croydon University Hospital in line with ESC and local HF guidance. The objectives of the project were: • To explore the options to commission HFpEF clinic model to address the provision gap for people with HFpEF • To create additional capacity within the current heart failure service at the trust by the provision of a specialist heart failure nurse, with consultant oversight to review 312 HFpEF patients
What were the results?	The successful implementation of a designated HFpEF clinic which allowed patients to be reviewed by a HFNS to provide appropriate diagnosis, education and initiation of GDMT where appropriate, to reduce morbidity. - Out of the 312 patients reviewed 225 were diagnosed with HFpEF - 195 (87%) of patients with confirmed HFpEF were commenced on guideline directed medical therapy.